INSTRUCTIONS IN RELATION TO THE HEALTH SITUATION

In order to protect the entire community, KEDGE BS is implementing the safety instructions recommended by the authorities. It is the responsibility of each person to respect them in a responsible manner.

The virus is transmitted via the respiratory tract by:
- Droplets projected when coughing, sneezing or talking;
- The contact of soiled hands on the face (mouth, nose, eyes);
- The contact of contaminated hands on the face (mouth, nose, eyes)

SARS-CoV-2 transmission mode - source: https://www.gouvernement.fr/info-coronavirus

It is particularly important not to touch your face without first washing your hands thoroughly.

Main symptoms


Incubation time varies from 3 to 5 days, usually up to 14 days.

WEARING THE MASK

Wearing a mask is mandatory and permanent in all places and on all its campuses: in classrooms, amphitheaters, work spaces and in all common areas (restaurants, sports hall, sanitary facilities) as well as in outdoor and traffic areas.

The mask does not replace barrier gestures. It adds a physical barrier when you are in contact with other people.

Wearing a mask is accompanied by respect for physical distance.

Pour tenir la maladie à distance, restez à plus d’un mètre de distance les uns des autres

To keep the disease away, stay more than one meter apart.

You must avoid any hugging or kissing even though the mask must be worn.

Protégeons-nous, portons tous des masques

Protect ourselves, wear masks

Malade covid 19 sans masque : I’ll with covid-19 with no mask
Vous sans masque : You with no mask
Niveau de protection : Protection level

source: https://www.gouvernement.fr/info-coronavirus/masques-grand-public

The mask, whether single-use or washable, must be worn and maintained properly to ensure its effectiveness.
How to wear your mask properly?

1st: Before putting on or taking off the mask, wash your hands with soap and water or a hydro-alcoholic solution.

2nd: To remove it: unhook the elastic straps to remove the mask from your face.

3rd: To put it on, hold the mask by the elastic straps. Adjust the mask to cover the nose, mouth, and chin.

4th: You must change the mask:
- when you have worn the mask for 4 hours.
- When you want to eat or drink.
- If the mask gets wet.
- If the mask is damaged.

Avoid touching and moving it

Do not put the mask in your pocket or bag after wearing it. While waiting to wash it, insulate it in a plastic bag.

Never put the mask in a waiting position on your forehead or chin.

Attention, if you are ill, this mask is not adapted. Ask your doctor for advice.
COMMENT ENTREترینER SON MASQUE?

Lavez le masque à la machine avec
de la lessive. Au moins 30 min à 60°C
minimum.

Utiliser un sèche-linge ou un
sèche-cheveux pour sécher votre
masque, ou encore, le faire sécher à
l’air libre sur une surface désinfectée.

How to take care of your mask?
- Machine wash the mask with detergent. At least 30 minutes at 60 degrees minimum.
- Use a tumble dryer or hair dryer to dry your mask, or air dry it on a disinfected surface.

Wearing a mask will be mandatory for access to the campuses, with no exemption possible.

In the event of failure to comply with this obligation and the safety instructions, and for the safety of all, the KEDGE management may be required to take disciplinary measures:
- Exclusion from the campus will be systematically pronounced in case of refusal to wear a mask;
- Repeated offenses will be subject to a penalty for failure to comply with the internal regulations.

Traffic flow and distance measurements

Very specific traffic flows limiting only authorized routes and indicating the direction of traffic are defined by road markings and/or displays. You must follow the signs in place carefully.

In the same way, the various common areas are arranged in such a way as to respect the physical distance.

All users of the sites are therefore asked to respect the markings and not to move the furniture.

The water fountains, vending machines and microwaves are accessible, respecting the instructions for washing hands before and after each use.

Elevators may be used. However, there must be only one person per elevator, even though masks must be worn. In addition, it is important to rub your hands with the hydroalcoholic solution available in front of the elevators before and after touching the elevator buttons.
Compliance with barrier measures

In order to respect the barrier measures, we ask you to follow the following instructions upon arrival at the campus and during the course of your day:

a) Wash your hands upon arrival on campus and:
- at least every two hours,
- before and after each handling of a collective material (photocopyers in particular),
- before and after drinking, eating or smoking,
- before and after bringing your hands to your face (to blow your nose for example),
- before and after going to the sanitary facilities,
- after touching doors, door handles, or any other object that may have been touched by others;

Hydroalcoholic gel dispensers are installed at campus entrances and in traffic areas;

b) Sneeze into your elbow, and blow your nose into single-use tissues to be disposed of immediately.

c) Put on your mask, taking care to place it correctly: the mask must cover your nose, mouth and chin.

d) Wash your hands regularly and thoroughly:

e) Do not bring objects to your mouth, such as pens for example;

f) Do not lend your cell phone and computer to your classmates.

Wash your hands very regularly.
Cough or sneeze into your elbow or into a tissue. Use a disposable tissue and discard it.
Greet without shaking hands, avoid hugs.
Keep a distance of one meter.
Use of collective spaces

The collective spaces remain accessible to the students and are organized in such a way that physical distance and respect of the sanitary instructions provided by the authorities are respected. As an example with regard to the food service area:
- As far as possible, maintaining a physical distance of 1 meter between individuals side by side or face to face, or a seat between individuals seated in the dining areas;
- Wearing masks is mandatory for all within each KEDGE site, including outside areas, including food service areas;
- The only exception in the food and beverage areas is when the student is seated in the food and beverage area and the distance rules are respected.

Persons at risk of severe forms of illness

Some people are at greater risk of developing severe forms of the disease and therefore need to be especially vigilant. These include:
- People over 65 years of age
- Pregnant women in the 3rd trimester of pregnancy
- People with chronic diseases or those that weaken their immune system: cardiovascular history, diabetes, obesity, chronic respiratory pathologies, cancer, kidney failure, cirrhosis...

The opinion of April 20, 2020 of the High Council of Public Health recalls the list of people at risk of developing a serious form of COVID-19.

Students belonging to this at-risk population, or living with an at-risk person, are invited to favour the wearing of disposable surgical masks rather than reusable washable masks.

For this population, it is strongly advised to consult their doctor in order to evaluate the need to adapt the educational activity. If necessary, and on the recommendation of the physician, contact your training programme to establish the necessary modalities, particularly concerning the follow-up of the courses in distance learning.

In the event of symptoms suggestive of contact or in case of contact
- In case of symptoms (cough, fever...) before going to the campus: stay home, call a doctor and inform the student office;
• If you are in contact with a confirmed carrier of the virus (by PCR test): consult a doctor quickly and make sure not to go on campus while waiting for instructions from the doctor, and inform the student office of the situation.
• If you develop symptoms while on campus:
  - Call the security post, explain the situation and stay in your place until a first aid worker joins you - the OHS follow specific protocols and have adapted Personal Protective Equipment;
  - In the absence of serious signs (respiratory distress in particular), you will be asked to contact your doctor and return home avoiding contact with employees of the school and people from outside;
  - In the presence serious signs, the school rescuer will call the emergency assistance and will follow the instructions given by the regulating doctor.
It is particularly important to remain vigilant with regard to the possible appearance of symptoms, to check one’s health every day and to take advice from a doctor (giving priority to teleconsultation) in the event of the appearance of symptoms or in the event of contact with a person presenting symptoms or suffering from covid-19.

CONTACTS

If you have any questions about health measures or about your health in relation to COVID 19, to report your situation, you can contact from 8:00 am to 5:30 pm.

0805 02 03 17 Service & appel gratuits

And by mail: COVID19@kedgebs.com